

# VETERANS OF VIETNAM WAR

PO BOX 2113, Middletown, CT 06457-2113

December 2005 Volume XX-X

[www.vietnamvetsmiddletownct.org](http://www.vietnamvetsmiddletownct.org)

"People Who Care"

20<sup>th</sup> ANNIVERSARY YEAR,

Oct. 1985 to Oct. 2005

**Meetings are held on the first Tuesday of each month at 7:00 p.m. @ the Legion Hall in Middletown. (Bernie O'Rourke Drive, off RT 66.)**

Put these items on your "TO DO List" for 2005/2006.

**MARK YOUR CALENDAR**

**December MEETING**

This Months Meeting is on *Tuesday, December 6, 2005 at 7:00 p.m.*

It's almost Christmas 2005. Get your shopping done early!

Election of officers for 2005 is on this months agenda. The slate for our 21<sup>st</sup> year is:

**Commander-Joseph Labbadia  
Vice Comm.- Paul Fazzino or  
Mike Rogalsky**

**Treasurer - Jack Mayoros  
Secretary – Frank Martini**

**3 yr trustee Bill Willinsky  
2 yr trustee Marty Reardon or  
Leon Brown  
1 yr trustee Dean Buden  
Sgt at Arms Luke Mailhot  
Chaplain Brian Dudek**

**Also on agenda;** Holiday Food Baskets and the Holiday Bell Ringing for the Salvation Army. *Luke, Feel the FORCE and JOIN us in Middletown*  
Members and potential members welcome.

**Bless America**

Perhaps one day all people, in accord, will finally learn that to know peace, one must first love peace; and to love peace, one must first love. Eli Takesian

With Tommy Fritsch returning home, our organization bought some commemorative items to sell:

**"Welcome Home Tommy Fritsch" Travel mugs are \$12.00 T's (med, lg, xl) \$10.00 Sweatshirts (lg, xl, xxl) \$20.00 call Jack 860-347-8843**

**To do:**

**Dues Reminder**

Dues are payable at the beginning of the year. \$12.00 per year or \$100.00 for life membership.

**We're always Looking for NEW MEMBERS**

If you know anyone who would like to join the chapter let me know and the Commander will forward an application. Membership is open to any Vietnam-era vet. \$15.00 initially, includes first year's dues and then just \$12.00 per year. Write the check and mail it to the address on the letterhead or better yet, bring it to a meeting.

**For the Good of the Chapter:**

**We are asking members to give us suggestions for fundraisers or ideas for events that may be of interest to other chapter members. Come to a meeting & share. 2005 marks the 20<sup>th</sup> anniversary of the chapter.**

**Members Ill or in Distress**

"Sir Charles" Lizotte is recovering at home after knee surgery. Hope you are back on your feet real soon Charlie. Pete DeRita is home from the hospital and reportedly doing better. Best wishes Pete!

The Veterans of the Vietnam War, Middletown Inc. has a **WEBSITE:** Tell your friends! [www.vietnamvetsmiddletownct.org](http://www.vietnamvetsmiddletownct.org) Please "ADD IT TO YOUR FAVORITES" and become familiar with its content and related links. We also want your E-mail address. The chapter would like all members who have an email address to forward it to our webmaster Julie by sending it to her at the [webmaster@VietnamVetsMiddletownCT.org](mailto:webmaster@VietnamVetsMiddletownCT.org)

**Chapter Jackets; Jackets are still available at "ANYTHING GOES" in Durham, CT Call Rose Marie at 860-349-3315**

**The January 2006 meeting will be on Tuesday 1/03/2006 7:00 Agenda Items include:** 3<sup>rd</sup> decade planning, Fundraising and fun.

**Send E-Mail Greetings**

Send e-mail greeting through <http://anysevicemember.navy.mil>

# The Veterans of the Vietnam War, MIDDLETOWN CONNECTICUT

Invite you to celebrate their  
**20<sup>th</sup> Anniversary**

at a Christmas Party

**SATURDAY, DECEMBER 17, 2005**  
12/1/2005

Cocktails 6 to 7 PM                      Dinner (Buffet Style) served at 7 PM  
Dancing until Midnight

BPOE 771 – Elks Club

44 Maynard Street

Middletown, CT. 06457

\$10.00 per person

CASH BAR

**RSVP by December 5, 2005**

Members and their guests are welcome

**For reservations call Joe @ 344-3287 or Jack @ 347-8843**

**If you can bring a prize to be raffled off at the party, it would be greatly appreciated.**

\*\*Unable to attend but want to donate a raffle prize? Call Joe for pick up.

Silent Time

Each day, pencil in a couple of minutes on your planner for complete silence. Turn off your phone, don't check your e-mail, and don't talk to anyone. Noise zaps your positive energy; it increases heart rate and the level of cortisol (the stress hormone), interrupts thoughts, and rattles nerves. Silence is a time-out; it calms you down. You can have silent time while working, gardening, or taking a walk. Just make sure you schedule it. You can't sneak the time in, or you're sure to be interrupted.

Judith Orloff, M.D. Psychiatrist

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**2005 Bell Ringing for the Salvation Army SIGN-UP SHEETS**  
**@ SUPER STOP & SHOP 416 East Main Street Middletown CT**

**Saturday December 17, 2005**

**We're looking for singles or teams to sign up to man the Salvation Army Pail and to ring the bell for those less fortunate (9a.m. to 4 p.m.)**

Salvation Army = Captain Faith Miller 860-347-7493

cell 845-659-6414

<b><u>TIME</u></b>	<b><u>PRINT NAME</u></b>	<b><u>Phone #</u></b>
9:00 am to 9:59	_____ / _____ _____ / _____	
10:00 a.m. to 10:59	_____ / _____ _____ / _____	
11:00 a.m. to 11:59	_____ / _____ _____ / _____	
12:00 a.m. to 12:59	_____ / _____ _____ / _____	
1:00 p.m. to 1:59	_____ / _____ _____ / _____	
2:00 p.m. to 2:59	_____ / _____ _____ / _____	
3:00 p.m. to 3:59	_____ / _____ _____ / _____	

Sign up by calling **Frank 860-391-4454, Jack at 860-347-8843 or Paul 860-344-9654**

## THOMAS WILLIAM SHAY

SP4 - E4 - Army - Regular  
1st CAVALRY Division (AIRMOBILE)  
20 year old Single, Caucasian, Male  
Born on Jan 29, 1946  
From MIDDLETOWN, CONNECTICUT  
Length of service 3 years.

### THOMAS W. SHAY

His tour of duty began on Jan 10, 1966  
Casualty was on Jun 15, 1966  
SOUTH VIETNAM  
HOSTILE, GROUND CASUALTY  
GUN, SMALL ARMS FIRE  
Body was recovered  
Religion: ROMAN CATHOLIC  
Panel 08E - - Line 49

## LEROY FRAZIER

PFC - E3 - Army - Selective Service  
1st Infantry Division  
20 year old Married, Negro, Male  
Born on Dec 31, 1945  
From MIDDLETOWN, CONNECTICUT

### LEROY FRAZIER

His tour of duty began on Jun 15, 1966  
Casualty was on Oct 01, 1966  
SOUTH VIETNAM  
HOSTILE, GROUND CASUALTY  
OTHER EXPLOSIVE DEVICE  
Body was recovered  
Religion: BAPTIST  
Panel 11E - - Line 33

Coincidence: Leroy Frazier began his tour on the day of Thomas William Shay date of casualty!

*"YOU ARE NOT FORGOTTEN"*

SP4 THOMAS W. SHAY, U.S. ARMY, June 15, 1966  
PFC LEROY FRAZIER, U.S. ARMY, October 01, 1966

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MAIL TO:

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